

Parents of Teens & Young Adults With Opioid Use Disorder

Description: Of the 4,777 drug overdose deaths in youth and young adults between the ages of 15 and 24, most of them (almost 4,000) involved an opioid drug. Learn about risk factors, myths, and tips to help your teen.

Link: https://bit.ly/3cjticb

Being Graceful with Yourself: A Brief Guide to Sober Parenting

Description: Roughly 9 million children live with at least one parent who is battling addiction (Futures 2021). As important as all those children and their families are, here are a few tips for parents to further safeguard their sobriety for their own family's well-being.

Link: https://bit.ly/3pLCQQ5